

VTMB COVID PROVISIONS / RULES

The VTMB organization follows national and regional provisions to avoid the spread of the Covid pandemic. Therefore, it is authorized to modify the competitions regulations or programs at any time according to the needs imposed by the Health Authorities, the Public Administration and the Sports Federations, at its sole discretion and where it deems it necessary to apply more strict provisions or rules to avoid or limit the risk of infection.

During the VTMB competitions, all athletes are invited to respect the provisions and rules, deliver the requested documents and adapt their behaviors according to what is described below:

- keep a safe distance of at least 1 meter from any other person
- use the anti-Covid mask both in indoors and outdoors spaces where it is not possible to guarantee the distance between people of at least 1 meter
- keep washing and disinfect hands

In addition to these general rules, sports activities and the events have more provisions and rules to be followed:

BIBS DELIVERY AREA

- Access is regulated, 2 people at a time, to ensure SPACING and avoid crowds.
- It is mandatory to always wear a mask and have an IDENTITY DOCUMENT.
- Each athlete is obliged to deliver a copy of the valid sports **MEDICAL CERTIFICATE FOR INTERNATIONAL ATHLETES** that you can find here
https://www.verticaltrailcourmayeurmontblanc.com/wp-content/uploads/2021/03/CERTIFICATO-MEDICO-PER-STRANIERI_.docx.pdf
- The **SELF-CERTIFICATION COVID-19** completed and signed must be delivered and can be downloaded at the following link): <https://www.verticaltrailcourmayeurmontblanc.com/wp-content/uploads/2021/05/SELF-CERTIFICATION-TEMPLATE-COVID19.pdf>
(copies are not available at the time of bibs collection)
- The signed **DISCLAIMER 2021** of tender must be delivered, available at the link:
<https://www.verticaltrailcourmayeurmontblanc.com/wp-content/uploads/2021/05/DISCLAIMER-VERTICAL-TRAIL-COURMAYEUR-MONT-BLANC-1.pdf>
(copies not available at the time of bibs collection)
- Those who have the **GREEN PASS** (ie 1st and 2nd vaccination + 14 days, can use it in place of the COVID SELF CERTIFICATION document, but we kindly request to stamp and deliver a PAPER COPY at the moment of collecting the bib. Green Pass holders must follow the same rules concerning the use of the mask as all the other athletes.

EXPO Village VTMB Area (Stand and sports activities area):

- Access is free and open to all athletes, family, friends and external visitors or sports enthusiasts with the obligation to wear a mask near the stands or in case of gatherings.

RACE DEPARTURES, ARRIVALS and AWARDS AREA (EXPO Village)

- Wearing the Covid mask is mandatory for all athletes beginning at the time of APPROACHING the EXPO area and start line, especially inside in the START FENCES (it can be removed before hundred meters when crowd is gone and according to the level of crowding intensity)
- Upon the ARRIVAL of the race, it is mandatory to immediately wear the mask after crossing the FINISH LINE.
- The mask must be kept for the entire duration of the competition to be used in the REFRESHMENT POINTS where drinks and food will be delivered ONLY by the volunteers with the PROHIBITION for all athletes to self service. Family, friends and the public will not be allowed to approach the refreshment points at any time.
- All the volunteers, the people of the race organization will follow the same rules of conduct and anti-covid protocol, in force from time to time.

COVID TAMPONS

- In case of lack or refusal to provide COVID self-certifications, or for other reasons connected to pandemic restrictions, a limited number of athletes may, subject to availability, perform the rapid Covid Test (non-molecular) in the pharmacies in Courmayeur or surroundings except in cases of: a) insufficient number of COVID tampons; b) closing hours of the pharmacy; c) no booking reservation and confirmation received by the race organization (at least 48 hours before). Booking form link: <https://forms.gle/CoSWV3uC3DkK9dCj9>

In no cases the race organization is responsible for the organization of the Covid Tampons delivered to athletes