

**DISCLAIMER
VERTICAL TRAIL
COURMAYEUR MONT BLANC**

I (Name/Surname)
born
in (City/Country)
the

I DECLARE

I have carefully read, understood and declare to accept the rules of the event;

To be aware of the difficulties of the race, as well as aware of the risks to personal safety associated with the competition;

To be absolutely aware of the length and specificity of the race and to be perfectly prepared;

To have acquired, before the race, a real capacity for personal autonomy in the mountains and to be able to manage the problems related to this type of race and in particular: to be able to face alone, without help, climatic conditions that could become difficult due to altitude (wind, cold, fog, rain or snow).

To be able to manage, even if I am alone, the physical or psychological problems due to a great fatigue, gastrointestinal problems, muscle or joint pain, small wounds;

To be aware that the role of the Organization is not to help a runner manage these problems and that, for mountain running, safety depends on the ability of the runner to adapt to the problems encountered or foreseeable.

I AGREE

To run, as an athlete, on the specific race track indicated to me by the organization and only on that path.

To be aware of the risk of injury during my participation in the competition. By entering into this Agreement I assume the aforementioned risk and the other risks set out below.

The signing of this document, without alterations, cancellations and / or modifications, is an essential condition for my participation in the competition as an athlete and that, during my participation, as an athlete, risks of various kinds may arise for the my

safety.

To keep the organization promptly informed in the event that, before my participation in the competition, I become aware of any pathologies and medical conditions that may prevent and / or make my participation difficult and / or dangerous.

Aware that the organization assumes no responsibility for any damage or loss of personal effects that I carry with me before, during and after the competition in any way, even after carefully following the instructions and directives of the organization.

Aware of presenting myself at the meeting point of the athletes communicated to me and respecting the time indicated, to personally arrange the transfer, with the means of transport that I will consider most suitable, assuming all responsibility, to and from the meeting point.

That, if and during my participation in the competition, an accident of any kind happens / needs to me and at that moment I am not conscious and in the fullest of my mental faculties, I authorize

from now on the health personnel in charge of giving me the necessary care first aid.

I consent to the collection and processing of my personal and sensitive data in accordance with the provisions of the General Data Protection Regulation, by the Organization and by third parties from the organization and subjects designated only for the purposes related to my participation as an athlete.

I AGREE

To give my consent to the organization and to third parties authorized by them, to be photographed and / or filmed and / or recorded during the event.

The organization or third parties authorized by them will have the right to transmit, publish, license and use any photograph, video, recording or image reproducing myself, without being able to request any consideration and without any limitation.

To declare not to use alcohol or doping substances during my participation in the competition.

To assume all civil and criminal liability deriving from any misleading or incomplete of what I have

declared and / or signed to the organization.

To free the organization and the third parties designated by them (including their respective directors, managers, employees, collaborators, consultants, suppliers, agents and volunteers) from any and all liability for any damage, loss or injury, even fatal.

I undertake to indemnify the organization and third parties designated by them (including their respective directors, managers, employees, collaborators, consultants, suppliers, agents and volunteers) from any and all liability, including any legal fees, for claimed damages , loss or injury to third parties and / or things due to my conduct.

I agree to participate, as an athlete, in the competition by committing myself to comply with these conditions, the directives and decisions of the organization and the third parties designated by them that will be taken in connection with the event. My participation in the competition as an athlete is expressly subject to the condition that I do not harm

the tranquility or safety of third parties, the interests, image and honor and prestige of the organization.

I DECLARE

by signing this form, I undertake to carry the mandatory equipment with me during the entire duration of the competition and to exempt the organization in the event of an accident or illness due to the lack of the required mandatory equipment;

to be aware of and have accepted all the points of the regulation;

to be informed of the medical contraindications that concern me and that, consequently, I release the organization from any kind of responsibility for medical problems that could happen to me during the race.

Privacy

I consent to the collection and processing of my personal and sensitive data in accordance with the provisions of the General Data Protection Regulation by the Organization for purposes functional to its activity

and with criteria of correctness and lawfulness. It is understood that at any time I can request its cancellation.

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Authorization to send data

The athletes give consent to the use of the electronic addresses provided (emails, web addresses) in order to receive event promotions from both the committee and individual organizations, as well as for general and commercial communications from sponsors.

Image right

I expressly renounce to use the rights regarding my image during the event, just as I renounce any recourse against the organization and its authorized partners, for the use made of my image.

All that being said: read, confirmed and signed

Signature of the Athlete

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